

South Kesteven Health and Wellbeing Action Plan

In March 2023 South Kesteven District Council agreed to support the Lincolnshire's District Health and Wellbeing Strategy which is structured around 5 lever areas. The five levers are as follows:

- Housing and homelessness
- Activity and wellbeing
- Environment and climate
- Economic inclusion
- Working with communities

South Kesteven District Council are committed to implementing this strategy and action plan on a local level, including key activities with proposed timescales and responsible personnel. The following actions have been identified specific for the district of South Kesteven.

Lever Area One: Housing and Homelessness. Improve the supply, quality, and coordination of services to meet housing needs and demands.			
Identified Action Required	South Kesteven's Action Plan	By When	By Whom
Coordinate the effective delivery of homelessness services through a partnership driven and evidence-based homelessness strategy.	<ul style="list-style-type: none">• Continue to work collaboratively with the Lincs Housing Partnership Manager to ensure that homelessness services are delivered in line with the Lincolnshire Homelessness Strategy• Lead on the quarterly Homelessness Forum partnership meetings to inform and shape a homelessness service based on recognised local demands• Ensure new burdens funding is utilised to enable an effective response to increased service pressures.• Continue to lead on the Rough Sleeper initiative on behalf of South Kesteven, South Holland, North Kesteven and West Lindsey	Ongoing Ongoing Summer 2024 Ongoing	Homelessness team
Establish future investment strategies to meet current	<ul style="list-style-type: none">• Continue with the sheltered housing review to identify possible investment opportunities	Ongoing Ongoing	Beth Randall/Sheltered Housing Team

and emerging needs for care and support.	<ul style="list-style-type: none"> • Ensure applications are submitted whenever government funding is available 		Victoria Herbert
Bring more empty homes into use in order to improve the supply of properties available within the county.	<ul style="list-style-type: none"> • Work collaboratively with colleagues in council tax to identify available empty properties • Explore options around bringing those properties back into use • Build stronger relationships with landlords to offer support and advice to enable properties to be brought back into use 	Ongoing	Beth Randall
Deliver new housing to meet housing needs and demands, meeting zero carbon targets and recognising all levels of affordability.	<ul style="list-style-type: none"> • Continue to explore acquisition opportunities to increase council housing stock • Ensure that any properties acquired has satisfactory EPCs in place and rents are sent at an affordable rate 	Ongoing	Tom Amblin-Lightowler
Improve the quality of existing properties across all tenures and reduce the cost of poor housing to health, care and society.	<ul style="list-style-type: none"> • Ensure a responsive and robust approach to any reports of properties in poor repair. • Effective monitoring of improvement notices. 	Summer 2024	Sarah McQueen
Reduce levels of overcrowding as a means of reducing health risks.	<ul style="list-style-type: none"> • Ensure that any affected tenants are able to access effective housing and homelessness advice 	Ongoing	Sarah McQueen
Improve services to extend people's housing choices in preparation for later life.	<ul style="list-style-type: none"> • Continue with the sheltered housing review to ensure that the offer of sheltered housing is appropriate 	Ongoing	Beth Randall
Ensure services to support people to remain living in their current home complement each other as a system-wide approach.	<ul style="list-style-type: none"> • Effective management of the DFG application service • Work collaboratively with partner agencies to support and enable people to continue to live in their current home 	Ongoing	Sarah McQueen

<p>Lever Area Two: Activity and Wellbeing (Active Place, Active People, Active System). To address inactivity across the county – improving access and opportunity for all residents to be active and participate by leveraging District knowledge and connection with people and places.</p>			
Identified Action Required	South Kesteven's Action Plan	By When	By Whom
Active Place: Develop a plan to be able to positively influence the planning system/external decision making in the area	<ul style="list-style-type: none"> Openly share the SKDC Sport and Physical Activity Strategy with partners to achieve common goals. Be involved with the development, progress and actions of the Open Space, Sport & Recreation Study, Playing Pitch Strategy and Built Facilities Strategy that is being developed in the district. This will help SKDC understand the requirements in the district. Complete equality impact assessments on all projects involving people to ensure fairness is considered for all. 	Ongoing Spring 2024 Ongoing	Beth Goodman Michael Chester Beth Goodman
Active Place: Make better use of green spaces across Lincolnshire and maximise opportunities for residents and visitors to be active in Lincolnshire	<ul style="list-style-type: none"> Develop partnership with a provider through funding to deliver fitness sessions to residents in parks/open spaces, or alternatively implement a volunteer led scheme. Promote outdoor gym use working with Active Lincolnshire ensuring the maps in the district are displayed on the outdoor gym finder/Lets Move Lincolnshire. Review how we publicise open spaces and outdoor leisure provision as part of the open space study. Retain Green Flag status in the parks. Work closely with local organisations to develop cycling routes through the district. Develop Grantham Transport Strategy focusing on Active Travel through walking and cycling. Influence social prescribers to include green spaces as a positive place to promote mental and physical wellbeing 	Summer 2024 Spring 2024 Spring 2024 July 2024 Summer 2024 Ongoing Ongoing	Beth Goodman Alison Lewis Leisure/Planning Sharon Haythorn Beth Goodman Beth Goodman/LCC Beth Goodman/Planning
Active Place: Widen the focus from commercial leisure offer and asset-	Regularly connect with Lincolnshire County Council/Active Travel England to positively influence Active Travel, encouraging the planning team to apply for funding	Ongoing	Beth Goodman

<p>based physical activity to activity outside, in the home and in the workplace</p>	<p>provision and developments of public footpaths and cycleways.</p> <ul style="list-style-type: none"> Explore digital inclusion opportunities for users to be able to work out from home and in the workplace. Look at costings and accessibility of leisure centres to break down barriers of accessing health facilities. Look at opportunities for future delivery via the leisure provider. Create maps of community assets with the benefits of being active linking the green spaces, community foot and cycle paths alongside displaying the benefits of active travel on climate change. Continue to work on the actions identified in the condition surveys and undertake feasibility studies with the UKSPF to ensure facilities remain attractive, accessible, and available to residents. 	<p>September 2024 Ongoing Summer 2024 Ongoing</p>	<p>Beth Goodman Michael Chester Beth Goodman/Serena Brown Leisure/Property</p>
<p>Active People: Provide Opportunities and programmes across communities to enable residents to take part in regular activity</p>	<ul style="list-style-type: none"> Increase awareness and benefits of physical activity in South Kesteven through networking and marketing, including the use of the Activity Finder on the Let's Move Lincolnshire platform. Work with stakeholders to provide ample opportunities and programmes within South Kesteven, targeting all ages/abilities. Continue to develop Lincolnshire Co-op Wellbeing Walks to ensure there are two in each market town. Work with Active Lincolnshire and Ageing Better to make South Kesteven an Age Friendly District. Implement an annual workforce wellbeing plan to ensure physical and mental wellbeing is at the forefront of the work we do. 	<p>Ongoing Ongoing Summer 2024 November 2024 April 2024</p>	<p>Beth Goodman Beth Goodman Beth Goodman/Lincs Coop Wellbeing team</p>

<p>Active System: Creating leadership, governance and partnerships, and workforce capabilities across sectors to use resources in a more coordinated way to reduce inactivity.</p>	<ul style="list-style-type: none"> Work with local leisure providers to deliver rehabilitation programmes for those living with long term health conditions and older adults. 	<p>Ongoing to meet changing demands</p>	<p>Beth Goodman</p>
<p>Active System: Each district council to develop opportunities to positively influence internal/corporate decision making in their local area and embed in governance processes</p>	<ul style="list-style-type: none"> Create a mental health working group 	<p>June 2024</p>	<p>Wellbeing Team</p>
<p>Active System: Proactive and inclusive approach to sharing learning, best practice and opportunities for collaboration.</p>	<ul style="list-style-type: none"> Join the wellbeing network groups with local connectors to cover the district. Celebrate and raise awareness through our communications and social media channels 	<p>Ongoing</p> <p>Ongoing</p>	<p>Beth Goodman</p> <p>Marketing</p>
<p>Active System: Proactivity engage across the NHS to encourage innovation and creativity to enable health, wellbeing and physical activity within planning consultations.</p>	<ul style="list-style-type: none"> Work with PCNs, Neighborhood leads and social prescribers to create successful partnerships to share best practice and opportunities. Research and develop a plan for place-based partnerships and opportunities. All activities planned through all organisations should deliver on the five ways to wellbeing; be active, connect, take notice, keep learning, and give. 	<p>Ongoing</p> <p>May 2024</p> <p>Ongoing</p>	<p>Beth Goodman</p> <p>Beth Goodman</p> <p>Beth Goodman/All partners</p>

Lever Area Three: Environment and Climate. Improve understanding on the links between environment and health and maximise opportunities to deliver on both simultaneously.			
Identified Action Required	South Kesteven's Action Plan	By When	By Whom
Improve air quality, particularly in designated management areas.	<ul style="list-style-type: none"> South Kesteven's air quality annual status report for 2023 is published on the Council's webpages The Air Quality Action Plan is to be updated in the next 12 months Clean Air Lincolnshire project to launch in 2023 and include monitoring of particulate matter at specific locations in the county 		Ayeisha Kirkham
Accelerate transition towards active travel.	<ul style="list-style-type: none"> This links with the Activity and Wellbeing area Districts are working collaboratively with Lincolnshire County Council on plans and have prepared area wide cycling and walking plans 	Ongoing	Planning
Promote and increase uptake of electric vehicles.	<ul style="list-style-type: none"> South Kesteven District Council have installed 4 electric vehicle charge points within Council car parks in the district. The Council continues to explore opportunities for additional EVCP installation at other Council car park locations. Local Plan policy also addresses the expectation that provision for electric vehicle charging is made for new developments 	Ongoing	Alice Atkins Planning
Mobility: provision and uptake of public transport services.	<ul style="list-style-type: none"> Local transport strategies include support for walking, cycling and public transport 	Ongoing	Planning
Improve domestic energy efficiency and reduce carbon emissions.	<ul style="list-style-type: none"> The Home Energy Upgrade Scheme offers support to residents of 4 districts of Lincolnshire to improve the energy efficiency of their property, helping to reduce carbon emissions associated with energy use South Kesteven District Council have also received funding via the Social Housing Decarbonisation Fund to 	March 2025 March 2025	Serena Brown Pete Park

	upgrade over 300 Council properties to improve energy efficiency		
Joint work to reduce carbon emissions from all Councils (Lincolnshire County Council and districts)	<ul style="list-style-type: none"> South Kesteven District Council have developed a draft Climate Action Strategy setting out how we can address climate change and reduce carbon emissions in the district. Home Energy Upgrade Scheme delivered as a joint project between 4 districts 	Ongoing	Serena Brown
Reduce carbon emissions across all services to meet national carbon reduction targets.	<ul style="list-style-type: none"> South Kesteven District Council have developed a draft Climate Action Strategy setting out how we can address climate change and reduce carbon emissions in the district. 	Ongoing	Serena Brown
Understand the local impacts of a changing climate to improve community resilience.	<ul style="list-style-type: none"> The Council's draft Climate Action Strategy includes objectives on adaptation to climate change for the council and for the district. 	Ongoing	Serena Brown
Reduce waste output across the county and tackle key issues.	<ul style="list-style-type: none"> Lincolnshire County Council and all districts are part of the Lincolnshire Waste Partnership Plans to roll out separate paper and card collection in South Kesteven to improve amount of material recycled 	Ongoing	Waste Team
Improve open space provision that recognises the role of improved biodiversity, carbon sequestration and wellbeing benefits.	<ul style="list-style-type: none"> The Council is developing a Tree & Woodland Strategy which will provide an analysis of tree canopy cover across the District and incorporate trees into existing and new policy. The Strategy will set out a management plan to increase canopy cover and enable existing trees to thrive; enhancing wildlife and biodiversity and the benefits trees provide. The Strategy and accompanying Action Plan will be finalised by March 2024. The Council successfully delivered the £1.2m Blue Green project to restore biodiversity in and around the district's river corridors, and continue to explore future biodiversity improvement funding options. 	<p>March 2024</p> <p>Ongoing</p>	<p>Alice Atkins / Serena Brown</p> <p>Alice Atkins</p>

Influence provision of healthy and sustainable food options.	<ul style="list-style-type: none"> Meet with sustainable partners surrounding promotion of healthy and sustainable food options 	November 2024	Beth Goodman/Partners
Maximise opportunity of Local Plan Reviews.	<ul style="list-style-type: none"> South Kesteven District Council are conducting a review of the current Local Plan and will address issues linked to the environment 	March 2024	Shaza Brannon

Lever Area Four: Economic Inclusion. Reducing economic inequality and alleviating poverty as a fundamental driver for improving mental and physical health and wellbeing.			
Identified Action Required	South Kesteven's Action Plan	By When	By Whom
Embed strong strategic narrative/understanding to promote economic inclusion and health inequality linkages that deliver better outcomes.	<ul style="list-style-type: none"> Review current strategies/policies to ensure there are, where appropriate, meaningful and deliberate/positive outcomes that address health inequality Assess baseline to determine success threshold and achievement Review current projects/interventions to test whether appropriate health/economic inequality outcomes and outputs have/can be captured or weaved into the initiative Ensure within the new Growth strategy inclusion is a golden thread throughout 	March 2024	Eco Dev
People in Employment: Work with Lincolnshire employers to improve working conditions/environment particularly within low paid and insecure employment to improve their health and wellbeing and prevent health issues developing – whilst improving business productivity.	<ul style="list-style-type: none"> Lead by example, through partnership working - set out how organisations can improve working conditions 	Summer 24	Eco Dev, HR & Key Partners (FSB, Lincs Chamber etc)
People in Employment: Improve skills for those currently in work, enabling career progression, greater wage levels, better job security, greater productivity development –	<ul style="list-style-type: none"> Support the Federation of Small Business in its implementation of the Local Skills Improvement Plan (LSIP). 	Ongoing	Eco Dev

good for people and business – part of tackling in-work poverty.			
People in Employment: Increase volunteering to support the community and increase well-being for the volunteers themselves.	<ul style="list-style-type: none"> Develop with partners, especially the third sector, a volunteering programme with businesses to encourage volunteering as part of wellbeing Adopt the Council's volunteering policy and increase the amount of volunteers across the Council 	Ongoing Autumn 23	Carol Drury Karen Whitfield
Supporting those most susceptible to economic change and transition: Increase core sector resilience in Lincolnshire by supporting employers to adapt and respond to economic transitions caused by the pandemic, through addressing skills gaps with employees.	<ul style="list-style-type: none"> Support the Federation of Small Business in its implementation of the Local Skills Improvement Plan (LSIP). 	Ongoing	Eco Dev
Supporting those most susceptible to economic change and transition: Employee upskilling and retaining programmes for those in industries exposed to long-term change and decline.	<ul style="list-style-type: none"> Working with LEP, partners, review Lincolnshire and national landscape ahead of developing an approach to key industries 	Ongoing	Eco Dev
Digital skills programme: Residents have the digital skills to access health services, everyday services	<ul style="list-style-type: none"> Support Grantham College in the delivery of the Skills Bootscamps as part of the Government's Lifetime Skills Guarantee, helping everyone gain skills for life. 	Ongoing	Eco Dev

and employment opportunities.			
Digital skills programme: Fully enabled digital FFTP (fixed fibre premises) infrastructure across the county using place appropriate technologies.	<ul style="list-style-type: none"> Support the telecommunications industry with an 'open for business' approach to rolling out fibre broadband across the district 	Ongoing	Eco Dev & Planning
Eliminate poor health from being a barrier to employment: Create an intervention programme that supports residents with ill-health into employment.	<ul style="list-style-type: none"> Support DWP in their endeavours to help residents with ill-health towards employment 	Ongoing	Eco Dev & Community Engagement
Creating an environment to support development of the health and care sector to improve health related service provision (wide scale health attraction interventions).	<ul style="list-style-type: none"> Develop interventions with partners (including FE and college providers) to support recruitment/retention of employees within the health & care sector 	Ongoing	Eco Dev & Community Engagement

Lever Area Five: Working with Communities. Leverage unique links at place level to engage with and enable communities.			
Identified Action Required	South Kesteven's Action Plan	By When	By Whom
Capture and build on district community engagement knowledge and expertise: Combine and codify the District's knowledge and approach to community engagement and empowerment, building on success and experience gained during the pandemic.	<ul style="list-style-type: none"> • District-wide consultation exercise with voluntary and community sector and residents relating to provision of voluntary services, opportunities for volunteering etc. • Development of a Community Engagement and Development Strategy with input from the VCS through the consultation exercise • Council in the Community initiative to engage with residents face-to-face. • Series of funding workshops to support project development and delivery by VCS across the district 	Summer 2024	Carol Drury
Expand district participation in current sector discussions across the wider system.	<ul style="list-style-type: none"> • Engagement of two cost of living coordinators to support local communities • Ring-fenced financial support for Foodbanks and other food support agencies across the district • Attendance at mental health groups, district health and wellbeing groups, Food support group • Wellbeing fairs in collaboration with health and wellbeing partners, food outlets and small business sector • Engagement with Prince William of Gloucester Barracks • Attendance at meetings and information sessions relating to Armed Forces Veterans 	Ongoing Ongoing Ongoing Ongoing	Cost of Living Coordinators (Funmi and Stella) Collaborative officer working Carol Drury
Strengthen sector oversight and assurance: Work with partners (Sector representative groups and County) to develop an agreed approach to sector oversight and assurance,	<ul style="list-style-type: none"> • Work in collaboration with LCVS and other agencies to provide health checks and assurance relating to VCS 	Ongoing	Carol Drury

harnessing community potential in a safe, effective way.			
Enhance and sustain voluntary sector engagement and contribution: Building on success during the pandemic, develop and formalize mechanisms to draw on volunteer capacity quickly and efficiently in response to emerging community needs e.g., flooding, pandemic.	<ul style="list-style-type: none"> Worked with 55 groups (1500 volunteers) during the pandemic. Database now increased to include more than 300 groups across the district. Formal links with Parish and Town Councils Public Protection and Community Engagement officers working with other agencies and stakeholders to ensure an effective and timely response in an emergency situation. Specific inclusion within Community Engagement Business Continuity Plan relating to the importance of community engagement during emergency situations 	Ongoing Ongoing Summer 2024	Carol Drury Carol Drury Carol Drury
A strategic Commissioning approach in Lincolnshire: To maximise impact and reach of commissioned services across the Lincolnshire Health and Wellbeing System.	<ul style="list-style-type: none"> Move towards a strategy commissioning approach across the health and wellbeing system. Investigate the current system of community connectors (SHINE) and social prescribing (LCVS) Work with Active Lincolnshire on this approach 	Spring 2024 Ongoing	Carol Drury
Wellbeing Lincs: Review opportunities to further develop districts preventative approach, using Wellbeing Lincs as a proven and trusted mechanism for collaboration and innovation (harness	<ul style="list-style-type: none"> Business as usual 	Ongoing	Carol Drury and partners

Wellbeing Lincs as a powerful vehicle for co-production, collaboration, innovation).			
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